



Care Fund Newsletter

Vol. 25 – Feb. 2017

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Greeting from the President

As you know, all of the activities of the Care Fund are because of members’ support and participation. The end-of-year donations from you constitute the largest part of our operating income. As of the beginning of February, total contributions for the 2016-17 campaign have reached \$22,000. Also, revenue from the annual bazaar, other events, and class participation fees constitute a second source of income. I deeply appreciate the donations and participation by all members.

In addition to your donations, we have also received financial aid from the Sachiko Kuno Foundation; the Japan Commerce Association of Washington D.C., Inc.; San-J International, Inc.; Montgomery County; and other business organizations. In addition, the newly established grant committee is working hard to seek grants from other organizations.

I am requesting that members send their opinions of and expectations for Care Fund to our office. Most of all, I hope that our activities will be successful and enjoyable for all.

Michiko Sprester, President

From the Library

The Library’s collection has been growing thanks to book donations. We appreciate it very much. We have benefited greatly from our long serving volunteers, and we hope to encourage younger members to get involved as well. Please contact the Care Fund office by phone or email if you are interested in volunteering at the library.

Preferences of library visitors have been changing; for example, children’s books have made up more than 70% of the total books borrowed in the past couple of years. Please let us know what kinds of books you want us to add to our collection. We will accommodate your requests as much as possible.

Again, library volunteers are needed and APPRECIATED!

Setsuko Pfeiffer

Library Hours

VA Library: 11 AM to 2 PM on Tuesday, Thursday & Saturday

It will follow the closing or delay schedule issued by [Fairfax County Public Schools](#).

MD Library: 11 AM to 2 PM on Monday, Wednesday & Saturday

It will be closed for the entire day whenever [Montgomery County Public Schools](#) call for either a delay or closing due to bad weather.

Event Calendar from March through June

(Schedules are subject to change.)

	Date	Time	Event	Location
March	4 (Sat)	3-5 PM	Seminar "How to Prepare for Your Retirement" (in Japanese) *Please see the next page for more info.	VA Library
	7 (Tue)	10:15-10:45 AM	Children's Story Time	VA Library
	11 (Sat)	2-4 PM	Relationship Support Group *Please see the next page for more info.	VA Library
	15 (Wed)	1:30-2 PM	Children's Story Time	MD Library
	19 (Sun)	1-3 PM	Gardening Workshop *Please see the next page for more info	VA Library
	25 (Sat)	2-3:30 PM	Grief Support Group *Please see the next page for more info.	MD Library
	26 (Sun)	1-3 PM	Open House/Volunteer Appreciation Day	VA Library
April	4 (Tue)	10:15-10:45 AM	Children's Story Time	VA Library
	8 (Sat)	10 AM-6 PM	Cherry Blossom Festival	Capital Riverfront Neighborhood, DC
	8 (Sat)	2:30-4 PM	Relationship Support Group	VA Library
	19 (Wed)	1:30-2 PM	Children's Story Time	MD Library
	22 (Sat)	2-3:30 PM	Grief Support Group	VA Library
May	2 (Tue)	10:15-10:45 AM	Children's Story Time	VA Library
	13 (Sat)	2:30-4 PM	Relationship Support Group	VA Library
	19 (Wed)	1:30-2 PM	Children's Story Time	MD Library
	27 (Sat)	2-3:30 PM	Grief Support Group	MD Library
June	6 (Tue)	10:15-10:45 AM	Children's Story Time	VA Library
	10 (Sat)	2:30-4 PM	Relationship Support Group	VA Library
	21 (Wed)	1:30-2 PM	Children's Story Time	MD Library
	24 (Sat)	2-3:30 PM	Grief Support Group	VA Library

Event Cancellation info

Events at the VA Library will be canceled or delayed according to [Fairfax County Public Schools](#).

Events at the [MD Library](#) will be canceled whenever [Montgomery County Public Schools](#) calls for either a delay or closing due to bad weather.

Seminar “How to Prepare for Your Retirement: What Do You Need to Do Before It’s Too Late?”

A speaker is Ms. Satoko Watanabe from JB Line in Boston, and it will be conducted in Japanese.

Please let us know what type of topics you would like for future seminars.

Gardening Workshop

We are planning to make a group purchase of Japanese vegetable seeds, and also have Suzuki Farm come down to sell and answer questions about growing Japanese vegetables. Please find more information in an upcoming newsletter.

Help Line Report

Community Help Line Report (July 2016-February 2017)

Divorce	10
Translating/Interpreting	2
Problems living in USA	7
Referrals to Specialists	4
JACF Information	5
Finding a Helper/Caregiver	6
Others	1
<hr/>	
Total	35

New volunteers are always welcome. Please email to us (sodan@jacarefund.org) if you are interested.

Care Call Report

Currently, there are 35 senior members who receive a care call once a month from 7 volunteers; 4 more since two years ago. The result of questionnaires shows that those senior members appreciate very much and look forward to phone calls every month. If you would like to receive a care call please contact the Care Fund office.

Relationship Support Group

The Support Group meets at the VA Library from 2:30-4 pm on the second Saturday of every month to bring together those who are thinking of divorce, going through a divorce, or seeking continued support from others with similar experiences between couples either married or not married.

Grief Support Group

This is for those who have lost a loved one such as a spouse, sibling, child, or friend to share their sorrow and thoughts with other members. Anyone is welcome to come and share your thoughts or listen to others with similar experiences. This group meets on the fourth Saturday of every month from 2-3:30 pm. It is held at the VA Library in even months and at the MD Library in odd months.

Our goal is to support members by providing information and resources available to them.

Ayako Schurmeier

Call for Volunteers at the Cherry Blossom Festival

The 2017 National Cherry Blossom Festival will be held from March 25 to April 15. The Street Fair will be on Saturday, April 8 in the Capitol Riverfront/Yards Park Area, same as last year. Specifically, it is at the corner of M Street and New Jersey Avenue SE, and the closest Metro station is the Navy Yard-Ballpark on the Green Line.

Care Fund will be able to have a booth at the street fair thanks to a generous donation from San-J International, Inc. We are planning to sell San-J products, secondhand books, and donated items as we have in past years. We have had great success every year thanks to volunteers, and I want to invite everyone to spend some time at the Care Fund booth. Please contact the Care Fund office if you are interested in volunteering. We are waiting to hear from you!

Yoshie Rozali, Vice President



The Care Fund booth last year

Annual Bazaar Report / Grant Committee Report

Over 600 individuals visited our annual bazaar on November 20, 2016. Thanks to the great vendors, talented entertainers, and amazing efforts of volunteers, we were able to raise over \$10,000. It was an exciting day filled with fun. We thank everyone who contributed to this wonderful event.

We are planning to have our next annual bazaar on October 29, 2017 at the same location (American Legion Fairfax Post 177), before the weather gets too cold. We hope you will be able to support us again at this wonderful event this year.

The grant committee was newly created in this fiscal year to seek grants and corporate donations in order to solidify the financial status of the Care Fund and support additional services for its members. The committee has submitted 3 grant applications since July 2016. It also submitted one corporate donation request to Canon U.S.A., Inc. Unfortunately, two of the grant applications were turned down, and the response on the third application is pending.

The committee consists of a small number of dedicated volunteers and we hope to continue applying for grants as opportunities come up.

Report on the Intergenerational Project “*Tsunagari*”

Since its start in April 2016, the Project has matched 16 individuals from various generations into 8 pairs as partners for intergenerational bonding. Additionally, the project conducted three group events to promote intergenerational interactions related to Japanese cultural themes such as *Tanabata*, *Kimono*, and the New Year celebration. A total of 71 participants enjoyed interacting with each other at these three events. Thirty-seven dedicated volunteers worked together to carry out these group events.

The *Tsunagari* Project will continue to match an interested member with a partner from a different generation and will plan group events periodically, hoping that the project will create an opportunity to build a supportive community for the Japanese people in this area. Please contact the Care Fund office if you are interested in making a friend from a different generation.

Miki Goerdt

Spring Class Schedule for March through June

How to Register

Contact the Care Fund office (Tel 703-256-5223, carefund@jacarefund.org)

Important Notice

1. Past participants are required to register again.
2. Fees must be paid before the first class, or registration will be canceled (except *Jikyojutsu* class).
3. Fees are non-refundable.
4. Classes with less than 6 registered applicants are subject to cancellation.
5. The VA Library will follow the closing or delay schedule issued by [Fairfax County Public Schools](#). When [FCPS](#) calls for a closing, all classes will be cancelled. *Jikyojutsu* class will be canceled even when [FCPS](#) calls for a delay. The MD Library will be closed for the entire day whenever [Montgomery County Public Schools](#) calls for either a delay or closing due to bad weather. All classes will be cancelled.

Classes at VA Library

Class	Date	Time	Fee	Notes
<i>Jikyojutsu</i> Exercise Class	Every Monday	11:00-12:30	\$7 per class	Bring a yoga mat or large towel. New students are always welcome!
<i>Sumie</i> Traditional calligraphy painting	Second Friday 3/10, 4/14, 5/12, 6/9	10:30-12:00	\$32(\$8x4)	Bring Suzuri/ink stone, Sumi/ink, Fude/brushes, Washi/traditional paper (available for purchase in class).
Calligraphy A	Wednesdays 4/19,26, 5/10,24, 6/14, 28	10:30-12:30	\$48(\$8x6)	Bring Suzuri/ink stone, Sumi/ink, Fude/brushes, Washi/traditional paper (available for purchase in class).
Calligraphy B	Wednesdays 4/19,26, 5/10,24, 6/14, 28	12:30-14:30	\$48(\$8x6)	
Flower arrangement	Third Fridays 3/17, 5/19, 6/16	10:30-12:00	\$24(\$8x3) Flower: \$25-30 per class	Bring floral shears, a bucket, newspapers, vinyl sheeting, a trash bag, and paper towels.
<i>Ikebana</i> Japanese flower arrangement	First Fridays 3/3, 4/7, 6/2	10:30-12:00	\$24(\$8x3) Flower: \$20-25 per class	Bring Kenzan/flower holder, a flat vase, floral shears, a bucket, newspapers, and vinyl sheeting.

Classes at MD Library

Class & Instructor	Date	Time	Fee	Notes
Jikyojutsu Exercise Class Noriko Iwase	Every Monday 3/6-6/30	14:00-15:30	\$7 per class	Practical skills of keeping fit and the art of treatment. Bring a mat or large towel.
Yoga Miho Tomori (Yoga Alliance registered teacher)	Tuesday <u>Session 1</u> 3/7, 21, 4/4 <u>Session 2</u> 5/2, 16, 30, 6/13	10:30-11:45	<u>Session 1</u> \$24 (\$8x3) <u>Session 2</u> \$32 (\$8x4) <u>Total: \$56</u>	Hatha yoga-based style. Helps you to reduce stress, gain strength, and improve well-being. Beginners are welcome! Adults only. You can register for only one session or both. Bring a yoga mat or large towel.
Quilt Fuyoko Ishikawa (Japan Handcraft Instructors Association (JHIA) certified instructor)	Thursday <u>Session 1</u> 3/2, 16, 30, 4/6 <u>Session 2</u> 5/4, 18, 6/1, 15	10:30-14:00	<u>Session 1</u> \$32 (\$8x4) <u>Session 2</u> \$32 (\$8x4) <u>Total: \$64</u>	This class is for beginners to learn basic techniques of patchwork quilting from a certified instructor. In this class, participants will make decorative and useful textile/fabric arts by using patchwork quilting methods. Children may accompany participants to classes, but participants are responsible for their behavior. Bring a sewing set, an HB black pencil, an eraser, and a ruler. Other materials and tools may be available for purchase from the instructor during each class. You can register for only one session or both.
Let's Sing and Learn Japanese Songs! Yuki Nishio (Music teacher of Japanese elementary school and Vocalist)	Saturday <u>Session 1</u> 3/11, 18, 4/1, 15 <u>Session 2</u> 5/6, 20, 6/3, 17	10:00-11:00	<u>Session 1</u> \$32 (\$8x4) <u>Session 2</u> \$32 (\$8x4) <u>Total: \$64</u>	You will learn Japanese expressions and culture through the lyrics of children's and traditional songs while learning how to sing from a professional music teacher. This class is well suited to families with young children, but all are welcome! You can register for only one session or both.
Upcoming Classes in May and June				
Shodo Japanese Calligraphy Kazuko Mizusawa	This class will run once or twice a month on Saturday in both May and June. More details should be available in April.			You will learn how to express the beauty of Japanese characters by writing with traditional tools such as <i>fude</i> (brush) and <i>sumi</i> (ink). Bring a calligraphy kit and standard sized Japanese paper and a chair cushion if you like.

Our Contributors in 2016

We express our deep appreciation to all our contributors in 2016 by sharing their names with you in the below.

Organizations

Sachiko Kuno Foundation
JCAW Foundation
San-J International, Inc.
Sushi Society of Washington
Verizon Foundation
Montgomery County
Mitsui USA Foundation
Itochu International, Inc.
Costco

Individuals

Aiko Erickson, Akemi Busch, Akemi Maeshima, Aki Tokizawa, Akiko Pugh, Akiko Carniglia, Akiko Dixon, Akiko Keene, Akiko McLaren, Allen Mirashige, Alvin & Naoko Chin, Amy Yoshiko Nobu, Arisa Nakamura, Atsuko Craft, Atsuko Sullivan, Aya Takeuchi, Ayako Duran, Ayako Egan, Ayako Hakozaki, Ayako Jacobson, Ayako Schurmeier, Brian & Mary Duffy, Chiaki Kobayashi, Chie Hogenmiller, Chie Colvis, Chieko Franck, Chieko Homan, Chieko Takahashi, Chihiro Powell, Chikako Shaw, Chiyoko Johnson, Chiyoko Tilley, Chiyoko Y. Norman, Cynthia Hill, Denise Jackson, Edward Drea, Eiko Otsuka, Eiko Fjeld, Eiko Snow, Eiko Westerlind, Emi Uda, Emiko Estell, Emiko Rinaldi, Emiko Yamahira, Emilia Gazoni, Eriko Marks, Etsuko Smith, Etsuko Lieb, Fumiko Risher, Fumiko Bess, Fumiko Baxter, Fumiko Matsui, Fumiyo Selner, Goro & Takako Nagase, Grace Sumihiro, Haruhiko & Yoko Yagi, Haruko Adkins, Haruko Miller, Harumi Williams, Haruye Togashi, Hideko Numata, Hideo & Sachiko Hashimoto, Hiroko Lupo, Hiroko Devaney, Hiroko Imamura, Hiroko Boalick, Hiroko Parry, Hiroko Vertuno, Hiroko Wagner, Hiroko York, Hiromi Koza, Hiromi Hatashima, Hiromi Koyama, Hiromi Uehara, Hisako Hibi, Hisako Watanabe, Ikuko Strayer, Ikuko Turner, Ikuko Win, Itsuko Asato, Izumi Asano, Izumi Lapointe, Izumi Slate, Jean Mayer, Joy Aso, June Redmond, Junichi & Kaoru Saigo, Junko Redmond, Junko & Glen Imamura, Junko Moy, Kahiko H. Linker, Kaori Marshall, Kaoru Diamond & Miho Anderson, Kaoru Feldhuhn, Katherine Franklin, Katsuko Vaill, Katsuko Wilson, Katsumi Daniel, Kay Vietoris, Kay Linker, Kay Ogawa, Kayoko Gross, Kazue Weissman, Kazue Chinworth, Kazue Reid, Kazuko Bishop, Kazuko Funahashi, Kazuko Kelleher, Kazuko Kuge, Kazuko Kuper, Kazuko Mizusawa, Kazuko N Fujito, Kazuko Sherman, Kazumi Wall, Kazuo & Hiroko Yoshikawa, Kazuyo Delp, Keiko Endo, Keiko Quinn, Keiko Brown, Keiko Shorter, Keiko Dorsey, Keiko Adams, Keiko Kono, Keiko Nishimoto, Keiko Utsunomiya, Keiko Vonack, Kenichi & Yumiko Hattori, Kesa Yeager, Kiemi Langlois, Kimiko & Fred Kolbrener, Kimiko Hannum, Kimiko Hutson, Kimiko Mason, Kimiko Williams, Kio & Yoshi, Kiyoyo Pipher, Kumi Kinoshita, Kumiko Miwa, Kunio & Kazuko Nagashima, Kyoko Nogami, Kyoko Hayes, Kyoko & Paul Okamoto, Kyoko Lermen, Kyoko Pendleton, Kyoko Schmidt, Kyoko Woods, Machiko Yoshinaga, Madoka Kikuchi, Makiko Yamada, Makoto Omori, Mari Collins, Mari Jolliff, Mari Parker, Mariko Wright, Martha Rodriguez, Mary A. Ferritto, Mary R. Liljedahl, Masaaki Osada, Masahiro & Keiko Nishihama, Masako Kaufman, Masako Rydlun, Masako Kenney, Masako Ornstein, Masako Rogin, Masako Shepherd, Masami Cassidy, Rie Matsumoto, Masayo Shepherd, Matsuko Brooks, Mayumi Gragg, Mayumi Taniguchi, Megumi Lawler, Miako Hsu, Michiaki Sunahara, Michie Flanz, Michiko Honda-Truong, Michiko Cooper, Michiko Masutani, Michiko Nakamura, Michiko Sprester, Michiko Yokoyama, Michiru Oliver, Michiyo Wieckowski, Midori Thurwachter, Mieko Hobbs, Mieko Maeshiro, Miho Morita, Mika Hirotsune, Mike Fukui, Miki Goerd, Mikiko Coe, Mikiko Fukuda, Misae Soto, Misako Fisher, Misuzu Stamey, Mitsue Takeno, Mitsuko Ohtani, Mitsuko Quandahl, Miwa Hwang, Miyako Zeng, Miyoko Pace, Miyoko Strosser, Miyuki Hartman, Miyuki Parris, Momoko Nelson, Motoko Ferrara, Motoko Frayne, Mutsuko Fukui, Mutsuko Brooks, Mutsumi Segawa, Nagako Mottershead, Nanami Vittor, Nancy Yamada, Naoko Aschmann, Nikki Thompson, Nobue Hamamoto, Nobuko Fetterolf, Nobuko Ohashi, Nori Horner, Noriko Jones, Noriko Iwase, Noriko Miyagawa, Noriko Sugai, Ohk S. Park, Orié Fajardin, Osamu Fukuda, Pat Chizuru Fujii, Peang Gafour, Pi Hua Chen, Reiko Okano, Reiko Young, Rie Buzzeri, Rie Kinsman, Rie Matsumoto, Rie Russo, Rieko Gamel, Rieko Mitchell, Riko Fukuhara Newland, Rira Collin, Ritsuko Kelso, Ritsuko Konno, Romi Satoh, Rumiko T Edwards, Sachie Fazzone, Sachiko Smith, Sachiko Rosenbaum, Sachiko Line, Sachiko Moerschell, Sahomi Naka, Sanae Keddell, Sanae Nimura, Sanae Reeves, Sanae Ward, Saori Kato, Satoko Thompson, Satoko Tsugita, Satomi Dumler, Seishi Yamazaki, Setsuko Stanley, Setsuko Niitsu, Setsuko Pfeiffer, Shigeru Suzuki, Shozo Saito, Sonoe Engle, Steven Morimoto, Suen Chen Lin, Suga Carney, Sumiko Kohno, Susumu & Yasuko Yamanaka, Suzuki Farm, Suzuko Kern, Suzuyo Bolvin, Taeko Floyd, Taeko Wu, Taft Bridge Inn, Taisuke Higuchi,

Takako Barnes, Takako Cornett, Takako Dickinson, Takako Inamoto, Takako S Mundel, Takashi & Sachiko Ono, Takeo Nishioka, Tamiko Tokoo, Tamiko Dodson, Tazuko Ichikawa, Terry Hara, Teruko Jackman, Teruko McGhee, Teruko Parlett, Teruko Swain, Teruyo Adams, Tetsuhiro & Sachiko Ueno, Toki Poteat, Tokiko Doe, Tokuko Oishi, Tomohiko & Makiko Shiratori, Tomoko Kempf, Tomoko Lipscomb, Tomoko Campen, Tomoko Fitzpatrick, Tomoko Okabe, Tomoko Shinagawa, Toshie Dowd, Toshiko Kato, Toshiko Tompkins, Toyoko Hirota, Toyoko Miyashiro, Tsuneo Yamahiro, Unchul Lee, Wakana Morioka, Walter Byun, Won Lee, Yaeko Umemura, Yasuko Blackman, Yasuko Nuzzi, Yasuko Dockery, Yasuko Evans, Yasuo Kawano, Yasuyo Tadokoro, Teruyo Yamaguchi, Yoko Ishikawa, Yoko Barr, Yoko Basich, Yoko Matsumura, Yoko Ota, Yoko Penn, Yoko Tanaka, Yoko Thakur, Yoko Wiles, Yoneko Ramsey, Yoshie Rozali, Yoshie Hoppenjans, Yoshii G. Beshoar, Yoshiko Buckingham, Yoshiko Doherty, Yoshiko Gilbert, Yoshiko Langer, Yoshiko Oishi, Yoshiko Singleton, Yoshiko Tucker, Yoshiko Waeldner, Yoshiko Yoshimura, Yoshio & Akiko Yamashita, Yoshiro Takahashi, Young Ho Kim, Yukari Esman, Yukiko Henninger, Yukiko Iiri, Yukino Neiderhiser, Yukiyo S Barber, Yuko Dupre, Yuko Basham, Yuko Floyd, Yuko Hwang, Yuko Ishikawa, Yuko Wain, Yumiko Hattori, Yumiko Almasov, Yumiko DeCarli, Yumiko Stegner, Yuniko Harada, Yuriko Anderson

From the Care Fund Office

Volunteers

Over 220 people volunteered in various capacities, helping our activities in 2016. Thank you for your continued support!

Correct & Update Your Information

We apologize if we misspell or miss your name. Please inform the Care Fund office in either case. Also, please keep us updated with your contact information.

Wish Not To Be Included in Our Media?

We share our activities with members and the public by various means such as newsletters and our website. They sometimes carry photos taken at events such as the Senior Luncheon, the Area Luncheon, the Bazaar, and cultural classes. Please let us know in advance if you do not want to be included in any of our media.

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Japanese Americans' Care Fund

501(c)(3) Non-profit organization

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Office Hours: 10 AM-2 PM on Monday-Friday.

Library Hours: 11 AM-2 PM on Tuesday, Thursday & Saturday.

Maryland Branch/Library

12216 Parklawn Dr., Suite 102

Rockville, MD 20852

Email: mdlibrary@jacarefund.org

TEL: 240-705-4289 (open only during the library hours)

Library Hours: 11 AM-2 PM on Monday, Wednesday & Saturday.