



Care Fund Newsletter

Vol. 27 - February 15, 2018

Thank You for End-of-Year Donations and for Everyone's Support.

As you know, the Care Fund is a non-profit organization without a membership fee. Most of our operating revenue comes from the support and the participation of members. In addition, we receive grants from the Japan Commerce Association of Washington D.C., the Sachiko Kuno Foundation, and Montgomery County. The end-of-year donations are an essential part of our budget. Donations for this winter currently amount to \$25,140, exceeding last year's amount. I believe that this is a reflection of increasing interest in, and understanding of, our organization. I would like to express my deepest appreciation to all of you for your contributions to the Care Fund.

I believe that the excellent relationship among the members begins by hearing your opinions, advice, and questions. Furthermore, volunteering and participating in our activities builds important bonds between members of different generations. Please join us.

Michiko Sprester, President

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2018 National Cherry Blossom Festival

The 2018 National Cherry Blossom Festival will be held from March 20 to April 15. The Japanese Street Festival will be on Saturday, April 14 on Pennsylvania Avenue, NW between 3rd & 7th St. in DC. As we have in past years, the Care Fund will have a booth at the festival and is planning to sell San-J products, secondhand books, and donated items as we have in past years. We have had great success every year thanks to volunteers and I want to invite everyone to spend some time at the Care Fund booth. Please contact the Care Fund office if you are interested in volunteering. We are waiting to hear from you!

Yoshie Rozali, Vice President

Call for Volunteers (Please contact the Care Fund Office.)

- VA Office: Excellent computer skills, updating our website
- VA and MD Libraries: Need help for check-out and inventory.
- Cherry Blossom Festival: Planning Committee members, volunteers on the day of the event
- Research: Gathering information on the Internet and/or via phone calls. Must be comfortable using English. College students are welcome.

Event Calendar from March through June

(Schedules are subject to change.)

| | Date | Time | Event | Location |
|------|----------|----------------|--|--------------------------|
| Mar. | 1 (Thu) | 11:00-11:40AM | Children's Story Time | MD Library |
| | 6 (Tue) | 10:15-10:45 AM | Children's Story Time | VA Library |
| | 11 (Sun) | 12-4 PM | MD Library open | MD Library |
| | 21 (Wed) | 1:30-2:10 PM | Children's Story Time | MD Library |
| | 24 (Sat) | 2-3:30 PM | Grief Support Group (TBD) | VA Library |
| | 25 (Sun) | 1:00-3:00PM | General Meeting/Volunteer Appreciation Day | VA Library |
| Apr. | 3 (Tue) | 10:15-10:45 AM | Children's Story Time | VA Library |
| | 5 (Thu) | 11:00-11:40AM | Children's Story Time | MD Library |
| | 8 (Sun) | 12-4 PM | MD Library open | MD Library |
| | 14 (Sat) | 10AM-6PM | <i>Sakura Matsuri Street Festival</i> | Pennsylvania Ave. NW, DC |
| | 15 (Sun) | 2-4PM | Medicare & Medicaid Seminar | MD Library |
| | 18 (Wed) | 1:30-2:10 PM | Children's Story Time | MD Library |
| | 28 (Sat) | 2-3:30 PM | Grief Support Group (TBD) | VA Library |
| May. | 1 (Tue) | 10:15-10:45 AM | Children's Story Time | VA Library |
| | 3 (Thu) | 11:00-11:40AM | Children's Story Time | MD Library |
| | 13 (Sun) | 12-4 PM | MD Library open | MD Library |
| | 16 (Wed) | 1:30-2 PM | Children's Story Time | MD Library |
| | 26 (Sat) | 2-3:30 PM | Grief Support Group | VA Library |
| Jun. | 5 (Tue) | 10:15-10:45 AM | Children's Story Time | VA Library |
| | 7 (Thu) | 11:00-11:40AM | Children's Story Time | MD Library |
| | 10 (Sun) | 12-4 PM | MD Library open | MD Library |
| | 20 (Wed) | 1:30-2 PM | Children's Story Time | MD Library |
| | 23 (Sat) | 2-3:30 PM | Grief Support Group (TBD) | VA Library |

Inclement Weather Policy

The events at the VA Library will follow the closing or delay schedule issued by [Fairfax County Public School](#). The events at the MD Library will be canceled for the entire day whenever [Montgomery County Public School](#) calls for **either a delay or closing** due to bad weather.



Spring Class Schedule from March to June

How to Register

Contact the Care Fund office (Tel 703-256-5223, carefund@jacarefund.org)

Important Notice

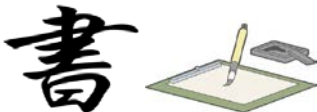
1. Everyone wishing to take classes in March must register.
2. Fees must be paid before the first class, or registration will be canceled (except *Jikyojutsu* class).
3. Fees are non-refundable.
4. Classes with less than 6 registered applicants are subject to cancellation.
5. The VA Library will follow the closing or delay schedule issued by [Fairfax County Public Schools](#). When [FCPS](#) calls for a closing, all classes will be cancelled. *Jikyojutsu* class will be canceled even when [FCPS](#) calls for a delay. The MD Library will be closed for the entire day whenever [Montgomery County Public Schools](#) calls for either a delay or closing due to bad weather. All classes will be cancelled.

Classes at the VA Library

| Class | Date | Time | Fee | Notes |
|--|---|-------------|---------------|--|
| Jikyojutsu Exercise Class | Every Monday | 11:00-12:30 | \$7 per class | Bring a yoga mat or large towel. New students are always welcome! |
| Sumie Traditional calligraphy painting | Friday 3/9, 4/6, 4/27, 6/8 | 10:30-12:00 | \$32 | Bring Suzuri/ink stone, Sumi/ink, Fude/brushes, Washi/traditional paper (available for purchase in class). |
| Ikebana Japanese flower arrangement | 3 rd Friday 3/16, 4/20, 5/18, 6/15 | 10:30-12:00 | \$32 | Bring Kenzan/flower holder, a flat vase, floral shears, a bucket, newspapers, and vinyl sheeting. |
| ESOL English Conversation | 1 st & 3 rd Wednesdays 3/7, 21, 4/4, 4/18, 5/2, 16, 6/6, 20 | 10:30-12:00 | \$64 | Everyday conversation (currents events, housekeeping, travel, etc). Focus on conversation skill. |
| Calligraphy A Traditional Japanese calligraphy | Wednesday 4/25, 5/9, 5/23 6/13, 6/27, 7/11 | 10:30-12:30 | \$48 | Bring Suzuri/ink stone, Sumi/ink, Fude/brushes, Washi/traditional paper (available for purchase in class) |
| Calligraphy B Traditional Japanese calligraphy | Wednesday 4/25, 5/9, 5/23 6/13, 6/27, 7/11 | 12:30-14:30 | \$48 | |

Classes at the MD Library

| | 開催日 | 時間 | 参加費 | 備考 |
|--|---|-----------------|------------------|--|
| Jikyojutsu Exercise Class | Every Monday | 14:00- 15:30 | \$7 per class | Practical skill of keep-fit and the art of treatment Bring a mat for exercises or bath towel. |
| Yoga Miho Tomori (Yoga Alliance Registered Teacher) | This class will meet every Friday from May to June. More information will be available in April. | 10:30- 11:45 | | Hatha yoga based style. Helps to reduce stress, gain strength and improve well being. Beginners are welcome! Bring a Yoga mat or beach towel. Adults only. *Helps to have sustainable results more effectively by practicing yoga once a week. |
| Japanese Calligraphy Kazuko Mizusawa (Certified calligraphy teacher-1982) | This class will meet every other Saturday starting from April 28 th . More information will be available in March | 14:15- 16:15 | \$48 (\$8x6) | Learning how to express the beauty of Japanese characters by writing with traditional tools such as fude (brush) and sumi (ink). Things to bring : A calligraphy kit and standard size Japanese calligraphy paper, a cushion if needed. Participant must be 15 years old or above. |



From the Libraries

Virginia Library Invites volunteers!

Anyone who is interested in giving 3 hours once or twice a month at the VA Library please call or email the Care Fund office. The donation of books has been increasing annually. It is wonderful but it increase the workload for and the library space has reached its capacity. The volunteer group is working hard to re-organize the library. We need your help! Just visit and experience the work. Feel free to bring your children with you.

Loan Period: 4 weeks, maximum 10 books per person

Book Collection: General Reading Books (6,691), Children Books (1,373) Manga (308), Audio/Video materials for children (mainly DVD 285)

Setsuko Pfeiffer

Story Time for Children

We'll restart our story time on the first Tuesday in March (10:15-10:45).

Maryland Library

The Maryland library tries to offer an attractive location for quality children's books and a place for interesting reading materials for everyone. Currently donated books are checked and some are arranged on the shelves for patrons' reading enjoyment. Others are sold to interested parties. The library staff is trying to make this location a place where people can contact each other and meet other friends in this community. We continue to seek more help from you and need many more volunteers. Please contact us by e-mail at mdlibrary@jacarefund.org or calling the Care Fund office.

From the Libraries (continued)

Loan Period: 4 weeks, maximum 10 books per person

Book Collection: General Reading Books (approx. 6,200), Children Books (approx. 2,500) Manga (approx. 1,300), Audio/Video materials for children (mainly DVD 65)

Please note that the MD library will close on national holidays and may also be closed unexpectedly. Please check our website before you visit.

StoryTime for Children

We are starting "Storytelling Time" for young children twice a month from March, 2018. We would like to meet the needs of parents. Kindergarden teachers and volunteers who love to interact with children will provide you with various programs such as songs with motions, reading picture books or picture-card story shows in Japanese. It would be a beneficial experience not only for the children but for the parents to become familiar with the Japanese language and culture of each season. Come and join us!!

Keiko Nishihama

[Helpline] Activity Report

Care Call

There are 31 participants who would like to receive a call. Twelve volunteers make phone calls and inquire how they are doing once a month or so.

Support Groups

--Relationship Support Group

The meeting has been held once a month for a year and half. Beginning in January, 2018 we will hold it as needed.

--Grief Support Group

4th Saturday of each month from 2 to 3:30pm at the VA Library as needed.

Seminar

-- **iPhone** --how to use iphone for beginners
TBD

--**What do you know about cancer**
(temporary title) TBD

Ayako Schurmeier

Updates from the Fundraising Chair

Due to your support, the Care Fund was able to generate \$6598.15 from the annual bazaar held on 10/29/17. We thank you for coming to the event, and we also would like to express much appreciation to the volunteers who planned and supported this event in many different ways. In January 2018, we have again applied for the Montgomery County's grants in order to cover the rent and internet fees for the Maryland Branch. This year, we also requested additional funding to cover the cost of the newly established adult day health program. The results should be available in the spring. We are planning to hold a mini-bazaar at the VA office in June.

Miki Goerdts

Updates from the *Tsunagari* Project

The purpose of this program is to promote inter-generational interactions among the Japanese community. The project has hosted the children's corner at the annual bazaar to share traditional Japanese games such as *ohajiki* and *kendama*. It was fun and meaningful to witness the children and senior volunteers enjoying games together. We plan on hosting another event this coming spring. We are looking for volunteers who would like to help in planning events and/or who want to provide support on the day of the events. Please contact the office if you are interested. We would love to have you join us!

Miki Goerd

From the MD Branch

It has been almost 3 years since we established our MD branch/library in Rockville. With many volunteers' endless efforts and their cooperation, we were able to conduct many seminars, workshops, classes, story times, and community services. In addition, we offered several Japanese cultural events on every second Sunday that the library was open. Listed below are our future plans.

We are also visiting Riderwood Retirement Community on the first Sunday of each month as a part of our community service.

We continue to offer Japanese cultural activities and events to meet our community needs.

We welcome any comments and opinions regarding our activities.

Kazuko Nagashima

We will have a seminar on Medicare and Medicaid on April 15th at the MD library. The speaker is Tian ZhaoQu who works for Montgomery County as a Medicaid specialist.

If you have any interesting seminar subjects, please let us know.

Kazuko Mizusawa

Our Contributors in 2017

We express our deep appreciation to all our contributors in 2017 by sharing their names with you in the below.

Organizations

Sachiko Kuno Foundation

JCAW Foundation

Montgomery County

San-J International, Inc.

Sushi Society of Washington

Verizon Foundation

Individuals

Adam Orita, Akemi Maeshima, Akiko Carniglia, Amy Yoshiko Nobu, Anna Tanaka, Arisa Nakamura, Atsuko Craft, Atsuko Sullivan, Ayako Duran, Ayako Egan, Barbara Smith, Chiaki Kobayashi, Chie Hogenmiller, Chieko Colvis, Chieko Franck, Chieko Takahashi, Chiharu Woodfin, Chihiro Powell, Chikako Shaw, Chiyoko Tilley, Colleen Kuhn, Deborah Sanders, Denise Jackson, Edward Drea, Eiko Kim, Eiko Otsuka, Eiko Snow, Eiko Westerlind, Elaine Rider, Emiko Estell, Emiko Rinaldi, Emiko Yamahiro, Erika Chin, Etsuko Carney, Etsuko Lieb, Etsuko Smith, Fumiko Baxter, Fumiko Risher, Fumiyo Selner, Glen & Elizabeth Klopfenstein, Haruko Miller, Harumi Williams, Hideko Churchill, Hideko Ludwick, Hideko Numata, Hiroko Devaney, Hiroko Imamura, Hiroko Lupo, Hiroko Parry, Hiromi Hatashima, Hiromi Uehara, Hiromi Waite, Ikuko Strayer, Ikuko Turner, Itsuko Asato, Izumi Onitsuka, John Skovran, Jordan Kahn, Junko Moy, Junko Sekine, Kahiko H. Linker, Kaori Marshall, Kaoru Feldhuhn, Katherine Franklin, Katsuko Wilson, Katsumi Daniel, Kazue Chinworth, Kazue Reid, Kazue Weissman, Kazuko Fujito, Kazuko Kelleher, Kazuko Kuge, Kazuko Kuper, Kazuko Mizusawa, Kazuko Sherman, Kazumi Wall, Kazuyo Delp, Keiko Abrams, Keiko Dorsey, Keiko Endo, Keiko Miller, Keiko Nishimoto, Keiko Quinn, Keiko Thurston, Keiko Utsunomiya, Keiko Vonack, Keisuke & Kyoko Nagao, Kenichi & Yumiko Hattori, Kiemi Langlois, Kimiko Dornburg, Kimiko Eastham, Kimiko Hannum, Kimiko Hutson, Kimiko Kitani, Kimiko Kolbrener, Kimiko Richardson, Kimiko Williams, Kio & Yoshi Kanda, Koji & Machiko Yoshinaga, Kunio & Kazuko Nagashima, Kyoko Nogami, Kyoko Pendleton, Kyoko Schmidt, Kyoko Woods, Kyoko Yamamura, Makiko Yamada, Makoto Omori, Mari Collins, Mariko Ikehara, Mariko Sharpes, Mary A. Ferritto, Mary R. Liljedahl, Masaaki Osada, Masahiro & Keiko Nishihama, Masahiro & Yoshiko Osaka, Masako Huibregtse, Masako Kenney, Masako Rogin, Masako Rydlun, Matsuko Brooks, Matthew Doe, Matthew Thielke, Mayumi Gragg, Mayumi Lee, Mayumi Taniguchi, Megumi Inoue, Miako Hsu, Michie Flanz, Michiko Noguchi, Michiko Sprester, Michiko Yokoyama, Michiru Ishihara Oliver, Michiyo Wieckowski, Mieko Maeshiro, Miho Anderson, Miho Outhouse, Mika Hirotsune, Miki Goerd, Mikiko Coe, Mikiko Fukuda, Mineko Calhoun, Misako Fisher, Mitsuko Quandahl, Miyoko Pace, Miyoko Strosser, Miyuki Sato, Motoko Ferrara, Motoko Frayne, Mutsuko Brooks, Namie Riu, Nancy Yamada, Naoki Nishio, Naoko Aschmann, Naoko Chin, Naomi Tarumi, Nobue Hamamoto, Nobuhiko Koyama, Nobuko Ohashi, Nori Horner, Noriko Jones, Noriko Maitland, Noriko Sugai, Orié Faiardin, Peang Abdul Gafour, Reiko Okano, Rie Buzzeri, Rie Kinsman, Rie Russo, Riko Fukuhara Newland, Ritsuko Konno, Robert & Michiko Barlow, Roko Kasuya, Romi Satoh, Rumiko T Edwards, Sachie Fazzone, Sachiko Hashimoto, Sachiko Line, Sachiko Moerschell, Sachiko Rosenbaum, Sachiko Smith, Sanae Keddell, Sanae Nimura, Sanae Reeves, Sarah White, Satoko Thompson, Satomi Nagy, Setsuko Niitsu, Setsuko Pfeiffer, Shin Yamazaki, Shizue Sato, Shozo Saito, SMILEWELL, Sonoe Engle, Sumiko Kohno, Sun Hee Lee, Suzuko Kern, Suzuyo Bolvin, Taeko Floyd, Taeko Wu, Taisuke Higuchi, Takako Barnes, Takako Cornett, Takashi & Sachiko Ono, Takeo Ichimura, Tamiko Dodson, Terry Hara, Teruko Jackman, Teruko Parlett, Teruko Sweeney, Tetsuhiro & Sachiko Ueno, Thomas Norris II, Todd & Midori Thurwachter, Tokuo Oishi, Tomoko Campen, Tomoko Fitzpatrick, Tomoko Lipscomb, Tomoko Shinagawa, Tomoko Smith, Toshiko Tompkins, Toyoko Hirota, Tsuneko McCaleb, Tsuyoshi Takemori, Unchul Lee, Wakana Morioka, Walter Byun, Will McCarty, Yasuko Dockery, Yasuko Evans, Yasuko Nuzzi, Yasuko Yamanaka, Yasuo Kawano, Yasuyo Tadokoro, Yoko Barr, Yoko Basich, Yoko Matsumura, Yoko Ota, Yoko Penn, Yoko Scandlen, Yoko Stevens, Yoko Thakur, Yoko Wiles, Yoko Yagi, Yoneko Ramsey, Yoshie Haga Rozali, Yoshie Hoppenjans, Yoshiko Doherty, Yoshiko Gilbert, Yoshiko Pautler, Yoshiko Singleton, Yoshiko Tucker, Yoshiko Yoshimura, Yoshino Colombini, Yoshinori & Kazuko Takeda, Yukari Esman, Yuki Emori, Yukiko Henninger, Yukiyo S Barber, Yukiyo S Barber, Yuko Basham, Yuko Dupre, Yuko Floyd, Yuko Hwang, Yumiko Almasov, Yumiko DeCarli, Yumiko Stegner, Yuniko Harada, Yuriko Anderson, Yuriko Uehara, Zeev Lahat

From the Care Fund Office

Volunteers

Over 300 people volunteered in various capacities, helping our activities in 2016. Thank you for your continued support!

Correct & Update Your Information

We apologize if we misspell or miss your names. Please inform the Care Fund office in either case. Also, please keep us updated with your contact information.

Wish Not To Be Included in Our Media?

We share our activities with members and the public by various means such as newsletters and our website. They sometimes carry photos taken at events such as the Senior Luncheon, the Area Luncheon, the Bazaar, and cultural classes. Please let us know in advance if you do not want to be included in any of our media.

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Japanese Americans' Care Fund

501(c)(3) Non-profit organization

Website: www.jacarefund.org

Facebook: <https://www.facebook.com/JaCareFund/>

Office/Virginia Library

4022-B Hummer Road

Annandale, VA 22003-2403

Email: carefund@jacarefund.org

TEL: 703-256-5223

FAX: 703-894-3366

Office Hours: 10 AM-2 PM on Monday-Friday.

Library Hours: 11 AM-2 PM on Tuesday, Thursday & Saturday.

Maryland Library

12216 Parklawn Dr., Suite 102

Rockville, MD 20852

Email: mdlibrary@jacarefund.org

TEL: 240-705-4289 (open only during the library hours)

Library Hours: 11 AM-2 PM on

Monday, Wednesday & Saturday.

12 PM-4 PM on the second Sunday of the month.