



# Care Fund Newsletter

Vol. 31 - February 27, 2020

## Greetings from the President

We would like to thank you for your continued support of the Japanese Americans' Care Fund (JACF) for more than 20 years! As you know, the JACF is a non-profit organization and our operation and managing activities are wholly done by volunteers and the generous support from each member, organizations, with some government assistance. Because of your support, we are able to further our mission of "caring for our community, sharing our knowledge and resources for today and a better future."

In December 2019, we reached out during our Year End Appeal for donations to help maintain our libraries and, as of today, we have raised \$30,244.60. We could not have done this without your help. Again, many thanks for your generous support. We greatly appreciate it because it means so much to all the members and children who are able to enjoy the books and programs offered at the library.

Yoshie Rozali, President

## Greetings from MD Branch

Since the founding of the MD branch of the Care Fund five years ago, we clearly have seen its progress and at the same time, new challenges for its future. It has been our hope from the beginning to start a program geared to seniors in the Japanese community. We finally launched a weekly program called the Senior Wellness Program this year and steadily increased the number of participants. The program seems to be well accepted and appreciated. The number of books checked out and the people who visit the library remain high. This achievement has only been made possible by the diligent work of volunteers. We have successfully conducted special Sunday events monthly. Through those events, the MD Library has provided participating families with opportunities to enjoy many traditional arts and culture. Story time and book reading have been many children's favorite since its inception.

In the midst of those successes, we cannot deny the fact that we are facing a shortage of volunteers. The pleasure and satisfaction that volunteers can provide to the Japanese community are only possible when the organization has a strong foundation of committed volunteers. This is a difficult challenge the MD Branch is currently facing. Your continuous support is greatly appreciated.

Tsuyoshi Takemori, MD Branch Manager

### Contents:

1. **Greetings from the President and MD Branch Manager**
2. **Event Calendar**
3. **Spring Class and Seminar**
4. **Helpline Report**
5. **From the Libraries**
6. **Fundraising Report**
7. **From the Care Fund Office**
8. **Our contributors**

## Spring Event Calendar (Schedules are subject to change.)

	Date	Time	Event	Location
March	3 (Tue)	Office Closed	Election Day	
	4 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	8 (Sun)	12:00-4:00	MD Library Open/Shogi and Igo	MD Library
	10 (Tue)	10:15-10:50	VA Children's Story Time	VA Library
	14 (Sat)	2:30 – 4:00	VA Seminar "Financial Planning"	VA Library
	15 (Sun)	2:00 – 3:30	MD Seminar "Financial Planning"	MD Library
	16 (Mon)	12:45-2:30	VA Senior Wellness Program	VA Library
	18 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	22 (Sun)	11:00 – 3:00	VA Used Kimono One Day Sale	VA Library
April	1 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	4 (Sat)	10:00-6:00	Cherry Blossom Street Festival	Pennsylvania Ave. NW, DC
	7 (Tue)	10:15-10:50	VA Children's Story Time	VA Library
	12 (Sun)	12:00-4:00	MD Library Open/Making Koinobori	MD Library
	15 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	18 (Sat)	2:30-3:30	MD Seminar "Learning about dementia: Understanding and Responding to Dementia-Related Behavior"	MD Library
	19 (Sun)	1:30-3:00	VA Workshop "Improve your Speech, Improve your Life" by Ellen Conover	VA Library
	20 (Mon)	12:45-2:30	VA Senior Wellness Program	VA Library
May	25 (Sat)	2:30-3:30	MD Seminar "Learning about dementia: Healthy living for your brain and body tips from the latest research"	MD Library
	5 (Tue)	10:15-10:50	VA Children's Story Time	VA Library
	6 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	TBD(Sun)	12:00-4:00	MD Library Open/ Mini Bazaar	MD Library
	18 (Mon)	12:45-2:30	VA Senior Wellness Program	VA Library
	20 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	23(Sun)	11:00-2:00	VA Used Books Sale	VA Library
June	2 (Tue)	10:15-10:50	VA Children's Story Time	VA Library
	3 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	14 (Sun)	12:00-4:00	MD Library Open/Tanabata Decoration	MD Library
	15 (Mon)	12:45-2:30	VA Senior Wellness Program	VA Library
	17 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
July	1 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	12 (Sun)	12:00-4:00	MD Library Open/Uchiwa making	MD Library
	15 (Wed)	1:30-2:10	MD Children's Story Time	MD Library
	20 (Mon)	12:45-2:30	VA Senior Wellness Program	VA Library

**\* MD Senior Wellness Program**

Date and time : 1st and 3rd Tuesday 1:00 pm to 3:00 pm, 1st and 3rd Friday 10:00 am to 12:00 pm

## Spring Class and Seminar Schedule






### How to Register

Contact the Care Fund office  
703-256-5223 or [carefund@jacarefund.org](mailto:carefund@jacarefund.org)





### Important notice

1. Everyone wishing to take classes must register.
2. Fees must be paid before the first class or registration will be cancelled (except *Jikyojutsu* class).
3. Fees are non-refundable.
4. Classes with less than 6 registered applicants are subject to cancellation.
5. The VA Library will follow the closing or delay schedule according to [Fairfax County Public Schools](#). When [FCPS](#) calls for a closing, all classes will be cancelled. *Jikyojutsu* class will be cancelled even when [FCPS](#) calls for a delay. The MD Library will be closed for the entire day whenever [Montgomery County Public Schools](#) calls for either a delay or closing due to inclement weather. All classes will be cancelled.

### Classes at the VA Library

Class	Date	Time	Fee	Notes
<b><i>Jikyojutsu</i></b> Exercise -Noriko Iwase	Every Monday	11:00-12:30	\$7 per class 	Bring a yoga mat or bath towel. New students are always welcome!
<b><i>Sumie</i></b> Traditional calligraphy painting -Yoshiko Oishi	2nd Fridays of the month 3/6, 4/10, 5/8, 6/12	10:30-12:00 	\$32 (\$8x4)	Bring Suzuri/ink stone, Sumi/ink, Fude/brushes, Washi/traditional paper (available for purchase in class).
<b><i>Ikebana</i></b> Japanese flower arrangement -Mitsuko Otani -Yasuyo Tadokoro	1 <sup>st</sup> Fridays of the month 3/6, 4/3, 5/1, 6/5	10:30-12:00 	\$32 (\$8x4)	Bring Kenzan/flower holder, a flat vase, floral shears, a bucket, newspapers, and vinyl sheeting.
<b><i>Calligraphy</i></b> Traditional Japanese Calligraphy -Suigetsu Matsumoto	1 <sup>st</sup> and 3rd Wednesdays of the month 3/4, 3/18, 4/1, 4/15, 5/6, 5/20, 6/3	10:30-12:00	\$56 (\$8x7)	Bring Calligraphy supplies and calligraphy paper (Paper is available for purchase in class) 
<b><i>Kimono Demonstration</i></b> -Eiko Uchiyama	4/13, 5/18, 6/8	12:45-14:00	\$24 (\$8x3)	Used Kimonos may be for sale in the class. 

## Classes at the MD Library

Class	Date	Time	Fee	Notes
<b>Jikyojutsu</b> Exercise -Noriko Iwase	Every Monday Every Tuesday	14:00-15:30 11:00-12:30	\$7 per class 	Bring a yoga mat or bath towel. New students are always welcome!
<b>Sumie</b> Traditional calligraphy painting -Yoshiko Oishi	3 <sup>rd</sup> Fridays of the month 3/20, 4/17, 5/15, 6/19	12:30-14:00 	\$32 (\$8x4)	Bring Suzuri/ink stone, Sumi/ink, Fude/brushes, Washi/traditional paper (available for purchase in class).
<b>Ikebana</b> Japanese flower arrangement -Mitsuko Otani	2 <sup>nd</sup> Tuesdays of the month 3/10, 4/14, 5/12, 6/9	12:30-14:00 	\$32 (\$8x4)	Bring Kenzan/flower holder, a flat vase, floral shears, a bucket, newspapers, and vinyl sheeting.
<b>Kimono</b> <b>Demonstration</b> -Eiko Uchiyama	4/9, 5/21, 6/18	11:00-12:15	\$24 (\$8x3 回)	Used Kimonos may be for sale in the class. 

## Seminar/Workshop

## ● “Financial Planning: Money Matters for Japanese Living in the US”

We are inviting a former Merrill Lynch Financial Planner, Ms. Kikuko Okajima, CFP (Certified Financial Planner), CRPC (Chartered Retirement Plan Consultant), CDFA (Certified Divorce Financial Advisor) to speak on “Financial Planning.” Both lectures in VA and MD are the same. \*The lecture will be conducted in Japanese.

VA library / Time and Date: **Saturday, March 14, 2020, 2:30pm – 4:00pm**

MD library / Time and Date: **Sunday, March 15, 2020, 2:00pm – 3:30pm**

● “Learning about Dementia Together” \*The lecture will be conducted in English.

“Understanding and Responding to Dementia-Related Behavior”

MD library / Time and Date: **Saturday, April 18, 2020, 2:30pm – 3:30pm**

“Healthy Living for Your Brain and Body; Tips from the Latest Research”

MD library / Time and Date: **Saturday, April 25, 2020, 2:30pm – 3:30pm**

● “Improve your Speech, Improve your Life” by Ellen Conover, Speech Therapist, English Accent Tutor \*This workshop will be conducted in English.

During this workshop, you'll learn why a General American English accent can be difficult to acquire, some challenging sounds many native Japanese speakers find difficult to pronounce, the accent modification process, and much more!

VA library / Time and Date: **Sunday, April 19, 2020, 1:30pm – 3:00pm**

(Nobuko Pierce/Shigeru Suzuki)

## Helpline Report

The Helpline is a service for anyone needing advice, assistance, or resources in the Japanese language. Volunteers will help and advise.

### **Our Helpline offers services and assistance as follows:**

- Services and assistance for daily living for those in need: transportation, meal delivery, translation/interpretation etc.
- Advice and assistance from knowledgeable volunteers for everyday issues, relationship or family problems, legal information, immigration, etc.
- Referrals to Japanese-language professionals: lawyers, physicians, translators/interpreters, counselors, social workers, etc.

### **Care Call**

Our volunteers will make a friendly call in Japanese monthly or so to check on someone. Currently, 12 volunteers are regularly making phone calls to 22 participants.

### **Grief Support Group**

The meeting will be held by request from February 2020. Contact the office or email if interested and a meeting will be set up. This group previously met on the 4th Saturday of each month at the VA Library between 14:00 and 15:30.

(Ayako Schurmeier)

## From the Libraries

### **●VA Library**

Currently, it is managed by 33 volunteers and has always been striving for an improvement of the library collections and supporting various Care Fund community service activities. For instance, the library conducted a book sale in September at the Care Fund in Annandale, VA and participated in the Care Fund Annual Bazaar in November 2019. They were both highly successful.

The library volunteers handle many library tasks, such as sorting donated books, cataloguing, providing circulation services, and other administrative duties. In 2019, we acquired 23 new books in the spring and 26 new books in the fall based on users' request. The library added 774 new titles to its collection in 2019 including those donated by the library users.

We have a special collection featuring health, aging issues, etc. A "*Honya Taisho*" bestsellers collection has been recently added, featuring best sellers for the past decade. Also, users can post book recommendations on the bulletin board. In addition, users can check out monthly "*Bungei Shunju*" magazines including the "*Akutagawa Award*" issues. Also, the library offers "*Ehon no Yomikikase*" (Story Time) for children on the first Tuesday of the month between 10:15 a.m. and 10:50 a.m. The program features Japanese culture and annual events.

## From the Libraries (continued)

Volunteers are welcome! Please contact the Care Fund office if you are interested. Also, book donations are always welcome. We thank you for your continued support.

VA Library Hours: Tuesday, Thursday, Saturday 11am to 2pm

Loan period: 4 weeks, maximum 10 books per person.

VA Library collection: General books (approx. 6210), children & picture books (approx. 2110), manga (over 425), audio/video materials (approx. 234) including children's items.

(Yoko Thakur)

### ●MD Library

The MD library is entering its 5th year since opening. Everyone feels that the library is becoming a part of everyday life for people.

However, we are aware of the fact that some people still do not know of the existence of this library. We continue to make an effort to make this place known to others. We also greatly appreciate your help and cooperation.

We have begun a process of collecting your ideas and opinions since the middle of last November to the middle of February of this year.

We would like to know the current library usage (books checked out, classes, seminars, senior-wellness meeting and others) and seek your opinions for the library future.

So far, we are seeing people's appreciation for the library and are receiving many encouraging and supporting messages which have become an encouragement for the library volunteers.

In addition, donated books are becoming an important resource for the library. Thankfully some donated books have become part of this library, and others were sold. Moreover some books have been part of the Library of Congress.

The library work includes keeping records of book checkouts, book returns and shelving and the rearrangement of books. The library cannot work without volunteers and is still looking for serious volunteers. Please contact the MD library staff or call the Care Fund main office if you are interested in becoming a part of the MD library.

MD Library Hours: Monday, Wednesday, Saturday 11am to 2pm. Second Sunday of each month noon to 4pm. (3/8, 4/12, 5/TBD, 6/14, and 7/12)

Loan period: 4 weeks, maximum 10 books per person.

MD Library collection: General books (approx. 5800), children & picture books (approx. 3800), manga (approx. 1900), audio/video materials (approx. 126) including children's items.

\*Story Time for Children (MD library)

Past activities: 10 times during the period of July 2019 through December 2019.

197 parents and children were participated in the events.

2020 schedule: First and third Wednesday 1:30pm to 2:10pm.

Dates: 2/5, 2/19, 3/4, 3/18, 4/1, 4/15, 5/6, 5/20, 6/3, 6/17, 7/1, and 7/15.

(Keiko Nishihama)



## **Fundraising**

We had another success with the Annual Bazaar on November 3rd and we raised over \$9,000. We would like to thank everyone who came to the bazaar and all our volunteers.

The 2020 National Cherry Blossom Festival will be held from March 20th to April 12th. The Japanese Street Festival will be on Saturday, April 4th on Pennsylvania Avenue between 3rd and 7th St. in NW DC. The Care Fund will again have a booth at the festival and is planning to sell San-J products, used books, and miscellaneous Japanese items.

Donations of Japanese clothing and decorative items as well as help in preparing and manning booth on the day of the event are highly appreciated. For questions or to sign up as a volunteer, please contact the Care Fund office.

The Care Fund signed up for the Amazon Smile program ([smile.amazon.com](https://smile.amazon.com)). Every time you shop on Amazon, Amazon will donate 0.5% of the purchase to Care Fund. For details, please check the Care Fund homepage or ask at our office.

## **From the Care Fund Office**

Thanks to your generous donations and the continuous support from volunteers, the Japanese Americans' Care Fund is able to continue our mission. We were able to raise over \$30,000 during the 2019 Year End Appeal Campaign. We couldn't have done it without your continuous support! We are always looking for volunteers/interns for various activities and events. Please contact us if you are interested in joining a dedicated group of Care Fund volunteers/interns.

### **Correct & Update Your Information**

We apologize if we misspell or miss your names. Please inform the Care Fund office in either case. Also, please keep us updated with your contact information. If you no longer wish to receive our correspondence, or desire to cancel your membership, please let us know.

### **Wish Not To Be Included in Our Media?**

We share our activities with members and the public by various means such as our newsletters and website. They sometimes carry photos taken at events such as the Senior Luncheon, the Area Luncheon, the Bazaar, seminars, and cultural classes. Please let us know in advance if you do not want to be included.

### **All Rights Reserved**

The contents of this newsletter may not be reprinted without the written permission of the Japanese Americans' Care Fund.

(Kazumi Keener)

## Our Contributors

### Organizations

JCAW Foundation, S&R Foundation, San-J International, Verizon Foundation, Montgomery County, Costco, Washington DC Sushi Association, Tachibana, Blue Ocean, Sushi Yoshi

### Individuals (Year end appeal 2019)

Platinum (Donors of over \$1000)

Yoko Wiles, Teruko and Barry Jackman, Yoshie Haga Rozali, Kimiko Watanabe Dornburg, Keiko Nishimoto

Gold (Donors of over \$500)

Mami Saito, Noriko Sugai, Noriko Iwase, Kaoru Feldhuhn, Setsuko Pfeiffer, Mieko Wood  
Suzuko Kern, Michiko Masutani-Purser, Tsunako Okumura

Silver (Donors of over \$250)

Kunio & Kazuko Nagashima, Masahiro & Keiko Nishihama, Machiko Yoshinaga, Mayumi Gragg,  
Yoshiko Gotoh Doherty, Michie Flanz, Kazumi Peggy Wall, Shoko Mizuno, Nobuko Pierce,  
Michiko & Forester Sprester

Friends of the Care Fund

Itsuko Asato, Yoko & Charles Barr, Madoka Kikuchi Bernal, Suzuyo Bolvin, Akiko Carniglia,  
Atsuko Craft, Yasuko Dockery, Kazue Chinworth, Yuko Basham, Fumiko Baxter, Yumiko DeCarli,  
Tokiko Doe, Keiko Dorsey, Masako Kenney, Kazuko Kuge, Keiko Endo, Sachiko Line, Yuko  
Maeda Wain, Akemi Maeshima, Tomoko Shinagawa, Michiaki Sunahara, Chieko Takahashi,  
Mitsue Takeno, Yuriko Reffner, Sumiko Kohno, Nobuhiko Koyama, Ronald & Mary Ritsuko  
Liljedahl, Teruko Mcghee, Akiko S McLaren, Junko Moy, Amy Yoshiko Nobu, Kyoko Okamoto,  
Teruko Parlett, Mitsuko Quandahl, Junichi & Kaoru Saigo, Miyuki Sato, Kyoko E Schmidt, Yoshiko  
Singleton, Tokuko Smith, Atsuko Sullivan, Yasuyo Tadokoro, Mayumi Taniguchi, Yoshiko Tucker,  
Brian & Hiroko Wagner, Eiko Westerlind, Kimiko Williams, Harumi Williams, Kyoko Woods,  
Haruhiko & Yoko Yagi, Yoshiko Yoshimura, Nobue Hamamoto, Hideo & Sachiko Hashimoto,  
Yukiko Henninger, Chie Hogenmiller, Takuya & Yoshiko Kamata, Haruko Miller, Sanae Nimura,  
Tokuo Oishi, Tomoko Okabe, Makoto Omori, Miyoko Pace, Bob Rinaldi, Fumiko Risher, Masako  
Rydlun, Sanae Ward, Michiyo Wieckowski, Taeko Wu, Kazuko N Fujito, Mikiko Fukuda, Yoshiko  
Gilbert, Yumiko Hattori, Yoshie Hoppenjan, Miako Hsu, Miwa HwangHiroko Imamura Kio & Yoshi  
Kanda, Sanae Keddell, Atsushi & Kimiko Kitani (Shimada), Hisako Watanabe, Motoko Frayne,  
Keiko Kimura Vonack, Suen C. "Lin", Mikiko Coeey, Keiko Abrams, Yoko Thakur, Hanna Ruber,  
Mitsuko Ohtani, Takako Dickinson, Takako Cornett, Kiyomi Shiba, Yoko Stevens, Hiroko Boalick,  
Kazuko Kuper, Yasuko Evans, Peang Gafour, Tsuyoshi & Gina Takemori, Chihiro Powell, Pat  
Chizuru Fujii Quan, Nobuko Ohashi, Chiyoko Tilley, Kazuko Kelleher, Yumiko Fukuhara Almasov,  
Sachie Fazzone, Hiroshi & Kumiko Toyoda, William & Mutsuko Brooks, Yoshio & Noriko  
Miyagawa, Reiko Okano Medina, Edward Drea, Masako Rogin, Barbara Carroll, Rie Smith,



Kaoru Diamond & Miho Anderson, Kay Vietoris, Masato & Rie Matsumoto, Yutaka & Yumiko Okamoto, Kimiko Hannum, Momoko Nelson, Yoko Ota, Naoko Hoshi Aschmann, Toshio & Tamiyo Ono, Kimiko Hutson, Kyoko Nogami, Yoko Matsumura, Hiromi Hatashima, Sachiko Moerschell, Katsuko Wilson, Etsuko Lieb, Adam Orita, Nancy Yamada, Yoko Basich, Dennis Groth Izume LaPointe, Yoko Golden, Masako Kaufman, Yuriko Anderson, Akiko Inoue Dixon, Yoko Penn, Toshiko Harford, Kimiko & Fred Kolbrener, Yoshiro Takahashi, Rumiko Edwards, Michiko Yokoyama, Tsuneo Yamahiro, Mike Fukui, Yukiyo Barber, Hiromi H Koza, Hideko Churchill, Lauren Fasceski, Etsuko Carney, Reiko Berman Shingu, Yuko Dupre, Yoshiko Butler, Eiko Kim, Yoshiko Pautler, Hiroko Walsh, Willa Ogata, Kentaro Yamamoto, Makiko Oleynikov, Hiroko Onishi, Masako Kobayashi, Catherine Stryker, Hideko McKeta, Masaru Maeno, Sho Funakoshi, Mamiko Hada & Simon Hirschfeld, Eriko Kitzharber, Sarantsetseg Myagmar, Hiroe Ohkuni, Hiroko Kolb, Hiyoko Sechrest, Misa Sitterly, Yoshie Groves, Jette Daugherty, Keiko Koshiya, Hiroyuki Yomori, Mari Parker, Emi Uda, Kazue Odaka Watlington, Teru Welling, Toshie Dowd, Yumiko Tataru, Keiko Ashida, Todd & Midori Thurwachter, Emiko Estell, Miki Dales, Kazumi Keener, So Ho & Namie Liu, Rika Oishi, Arisa Nakamura, Mutsumi Koga, Yoneko Ramsey, Masako Nishio, Tomoko Kanekiyo, Kayoko Drane, Yukie Kariyado Shiromizu, Kazuko Matthews, Masako Nishino, Setsuko Havens, Hiroko Takahashi, Kahiko Linker, Alvin & Naoko Chin, Matthew Thielke, Riko Newland Fukuhara, Kazuyo Delp, Kazumi Wilson, Keiko Adams, Mieko Maeshiro, Miyoko Strosser, Motoko Sakai Ferrara, Yuko Hwang, Fumiyo Selner, Maki Yamada, Kyoko Pendleton, Yukari Esman, Susumu & Yasuko Yamanaka, Megumi Inoue, Hiromi Waite, Arisa Nakamura, Chikako Shaw, Yoko Scandlen, Hedy Ludwick, Yuniko Rogers, Mark Smith, Bruce Benjamin, Ronald Shimabukuro, Herban Lifestyle

Please Note: For the 2019 Year End Appeal Campaign – to save on costs, a donation receipt is only available upon request. Please contact the Care Fund to request a receipt. Thank you!

**Japanese Americans' Care Fund**

Website: [www.jacarefund.org](http://www.jacarefund.org)

Facebook: <https://www.facebook.com/JaCareFund/>

**Office and Virginia Library**

4022-B Hummer Road  
Annandale, VA 22003-2403  
Email: [carefund@jacarefund.org](mailto:carefund@jacarefund.org)  
TEL: 703-256-5223  
Office Hours: 10 AM-2 PM on Monday-Friday  
Library Hours: 11 AM-2 PM on Tuesday, Thursday & Saturday

**Maryland Library**

12216 Parklawn Dr. Suite 102  
Rockville, MD 20852  
Email: [mdllibrary@jacarefund.org](mailto:mdllibrary@jacarefund.org)  
TEL: 240-705-4289  
Library Hours: 11 AM-2 PM on Monday, Wednesday & Saturday  
12 PM-4 PM on the 2nd Sunday of the month

Japanese Americans' Care Fund is a 501 (c)(3), non-profit organization